

Notices.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at the NURSING RECORD Office 11, Adam Street, Strand, W.C.

Comments and Replies.

Epsilon. (1) The address you require is c/o Mrs. Ewart, 23, Lewisham Road, Highgate.

(2) We have asked the opinion of an experienced nurse who has worked in Cairo for many years. She informs us that there is, as a rule, plenty of work for good nurses in Cairo during the winter months, but that it is inadvisable for any one to go out who has not some private means to fall back upon while waiting for cases. The private nursing staffs of the institutions there, are now made up for the winter, but many nurses stay at the Rudolph Home, and obtain their own work by calling upon the doctors. We should advise you to write to the Superintendent of the Home in the event of your deciding to go out, asking if you could be received, and what are the terms. We are informed that the charges of the hotels during the season are beyond the pockets of most nurses.

Aspirant.—We strongly advise you to obtain a certificate

of general training first. It is a mistake to have a special training only.

Nurse-Matron.—The dainty service of food is much more considered in American Hospitals than in our own. Partly no doubt from the fact that in many American Hospitals there are blocks, or wards, for paying patients, and they of course expect food to be served in an appetising manner. We hope the day will come when more is made of this point in our own hospitals. Tea served in an enamel mug is not an appetising beverage to offer to a sick man, although when he is in full health he may be quite content with this method of service.

Miss P. Chichester.—You should apply for a form to the Editors, Nursing Directory, 11, Adam Street, Strand. No one is eligible for admission to this directory who does not hold a certificate of three years training from a hospital of not less than 100 beds.

Private Nurse.—An egg flip is made by beating up a fresh egg, adding sufficient milk to fill the glass three-quarters full, and then half an ounce of good brandy. Add crushed ice a few minutes before serving. The ice, which must of course be washed, may be placed in a clean cloth and then crushed with a flat iron. The small fragments of ice thus produced are more satisfactory than a solid lump, as they are distributed evenly through the flip. The ice not only makes the mixture pleasanter to take, but it has a distinct value as a stimulant.

Mater, York.—The minimum period in which a nurse can receive the training necessary to fit her for the responsible duties which devolve upon her when certificated is three years. Both in this country, the United States, Australia, and New Zealand, this is now the recognized standard. Your daughter will find throughout her nursing career subsequently that she will be at a disadvantage, and that she will be disqualified for many appointments if she has not a three years' certificate.

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